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From Crisis to Growth

The Child's Emotional Health and Wellbeing from a Developmental Perspective.

What are the foundations for a happy and fruitful life in the face of today's challenges?

An anthroposophic perspective on child mental health.

with Dr Michaela Glöckler on Zoom.

We find ourselves confronted with threats to our health through the pandemic; to our environment through climate change; and a loss of trust in shared values of accountability and truthfulness.

What are the building blocks to the development of a moral self and to build social and emotional health?

Emotions can't be taught to children, they develop over time.
The child's inner resources which can turn today's challenges into opportunities for growth need careful nurturing.
When the impact of the crisis shows up in the behaviour, we need to know
how to draw on these resources to help the child effectively.

In this workshop for teachers/therapists/doctors/nurses, we explore these questions through the Foundations of Human Experience lectures by Rudolf Steiner (GA293) from the perspective of child development.

For further info, please contact E: SchoolHealthProfessionals@gmail.com.